

# **NOT ALL HEROES WEAR CAPES...**

**MAYBE RED IS NOT YOUR COLOR, OR A CAPE IS NOT YOUR STYLE, BUT YOU CAN STILL MAKE A DIFFERENCE IN THE LIVES OF RESIDENTS LIVING IN LONG- TERM CARE FACILITIES.**

The Albemarle Commission Area Agency on Aging offers you the opportunity to be an advocate for those residents through visits and companionship..... how HEROIC is that!!



## **CONSIDER VOLUNTEERING AS A COMMUNITY ADVISORY COMMITTEE:**

- Work to maintain the intent of the Resident's Bill of Rights
- Make official quarterly visits to assigned facilities to apprise themselves of general conditions under which persons are residing and to establish rapport with residents, families, staff and administrators
- Serve as the nucleus for increased community interaction with facilities
- Promote community education and awareness of the needs of residents in long- term care facilities
- Work towards keeping the public informed about aspects of long- term care and operations of homes in their counties

**SEEKING VOLUNTEERS IN CAMDEN, CHOWAN, CURRITUCK, DARE, GATES, PASQUOTANK, PERQUIMANS, TYRRELL & WASHINGTON COUNTIES**

**For more information contact Melissa Hines,  
Regional Long-Term Care Ombudsman (252)404-7086**