

CAMDEN CENTER FOR ACTIVE ADULTS WEEKLY CALENDAR



<u>MONDAY</u> <u>JUNE 8TH</u>	<u>TUESDAY</u> <u>JUNE 9TH</u>	<u>WEDNESDAY</u> <u>JUNE 10TH</u>	<u>THURSDAY</u> <u>JUNE 11TH</u>	<u>FRIDAY</u> <u>JUNE 12TH</u>
EXERCISE ROOM 7:00 AM, 8:00 AM AND 3:00 PM	EXERCISE ROOM 7:00 AM TO 3:00 PM	EXERCISE ROOM 7:00 AM, 8:00 AM, 10:00 AM, 11:00 AM, 12:00 PM, AND 3:00 PM	EXERCISE ROOM 7:00 AM AND 8:00 AM, 2:00 PM AND 3:00 PM	EXERCISE ROOM 7:00 AM TO 3:00 PM
MEAL PICKUP 12:00 PM TO 1:00 PM	GARDENING 8:00 AM TO 9:00 AM	CAR BINGO 9:00 AM TO 10:00 AM	MEAL PICKUP 12:00 PM TO 1:00 PM	GARDENING 8:00 AM TO 9:00 AM
FRUITS AND VEGGIES 1:30 PM TO 2:30 PM	COMPUTER LAB 10:00 AM TO 11:00 AM	FRUITS AND VEGGIES 1:30 PM TO 2:30 PM	<p>*Activities will be available by appointment only on a first come first serve basis. Appointments may be scheduled for the following week by calling the center, (252) 335—2569, on Friday between 8:00 am and 12:00 pm.</p> <p>*Participants will be required to wear a mask, except while actively exercising.</p> <p>*Participant temperatures will be taken prior to admission to the Center.</p> <p>*Activities will last 45 minutes allowing staff time to close and sanitize the center between appointments.</p>	COMPUTER LAB 9:00 AM TO 10:00 AM
COMPUTER LAB 2:00 PM TO 3:00 PM	COMPUTER LAB 1:00 PM TO 2:00 PM			COMPUTER LAB 1:00 PM TO 2:00 PM